

RECYCLING NEWS

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Lower Allen Township

Food Reduction Trends



Whether the trends are politically, socially, or consumer driven, lets breakdown a few that could assist in food waste reduction and ultimately reduce trash.

In December 2023 three federal departments released the “[Draft National Strategy for Reducing Food Loss and Waste and Recycling Organics](#)”. There are 4 main objectives in this proposed strategy.

Throughout the 2023 year, social media influencers have proposed ways to use products that reduce waste. Zero waste is a trend that has brought companies like Lomi and Hill into the social media spotlight. These products reduce food scraps to compost by drying and grinding the food in your kitchen.



Home Composting has become a topic across the country. More and more cities are introducing curbside composting services.



According to the USDA, in 2023 food prices were predicted to increase 5.8%, that includes an approximate 7% increase in food away from home and an approximate 5% increase in food at home.

We have all seen the sticker shock or heard the articles on the news, egg prices have increased 250% since 2022. The reasons is not just inflation; avian flu forcing the slaughter of 58 million birds to contain the virus. A dozen large eggs cost \$1.93 in 2022. In 2023 a dozen large eggs cost \$4.82. Other household staples saw similar increases. Milk, bread, butter, and bacon all saw increases nearing 44%. Some of those products had slower increases come mid 2023 while others saw decreases towards the end of the year. With the increase at the checkout line, are there other ways to reduce our costs?

Ways to Save

Citizens across the United States have found alternative ways to save money at the grocery store. From shopping around on groceries to BYC (Back Yard Chickens), homesteading traditions like canning or sourdough starters, more and more citizens are looking for alternatives to the ever-raising cost of food. Whether it is social media influencers or the rapidly increasing costs at the grocery store, citizens are finding new ways to save money.

February Forward Thinking

Lower Allen Township is not endorsing any products discussed in this newsletter. All products are for information and discussion only.